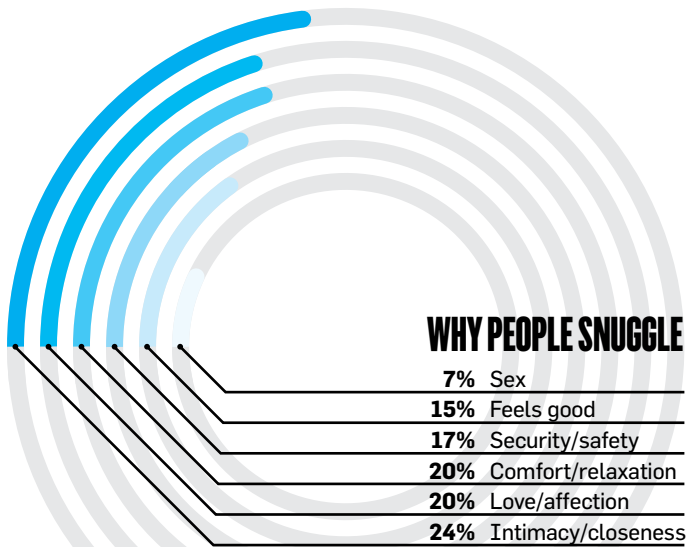


# SEX

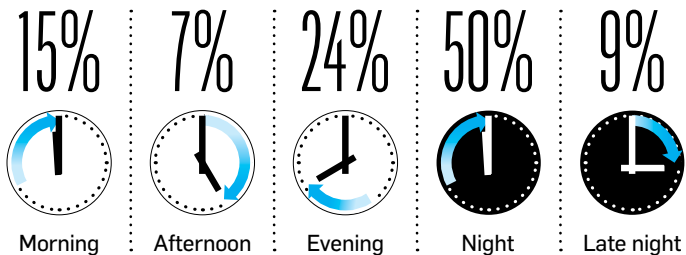
**BULLETIN**®

Edited by Laura Roberson



Percentages may not add up to 100 if more than one response was given.

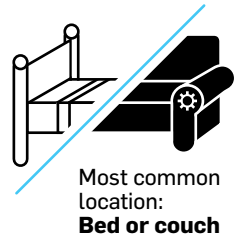
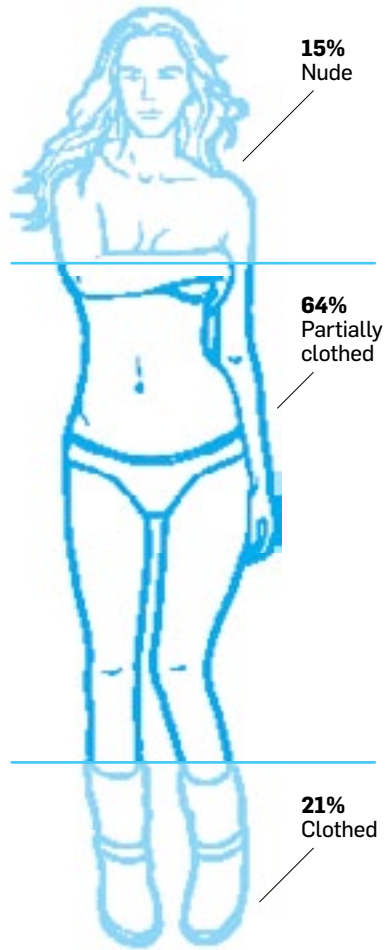
### TIME OF DAY



## THE KAMA SUTRA OF CUDDLING

Snuggling doesn't necessarily conclude with blue balls. In fact, it may more often end with orgasm: One in three people in a new University of Michigan study said that snuggling usually leads to sex. According to study author Sari van Anders, Ph.D., "people who enjoy and frequently engage in cuddling are often the same people who enjoy and frequently engage in sex." One possible reason: "Both activities require a certain comfort with intimacy, bodies, and closeness," she says. See how your own sessions compare with those of the people in the study—and make sure you're doing what it takes for spooning to end with forking.

### COVERAGE WHILE CUDDLING



### ACTIVITIES WHILE CUDDLING

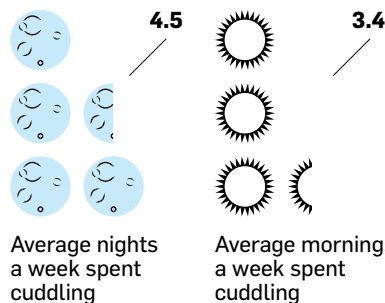
- 66% Movies/TV
- 28% Talking
- 24% Massage
- 18% Sleep/rest
- 14% Reading
- 5% Music
- 3% Eating
- 2% Games

### Conversation topics during cuddling

- The day
- Anything
- Relationships
- The future
- Work
- Movies/TV
- Friends/family
- Sex



Average duration, in minutes, of a cuddle session



PERCENTAGE OF PEOPLE WHO THINK CUDDLING IS EXTREMELY SEXUALLY AROUSING

18

Illustration by +ISM (woman)