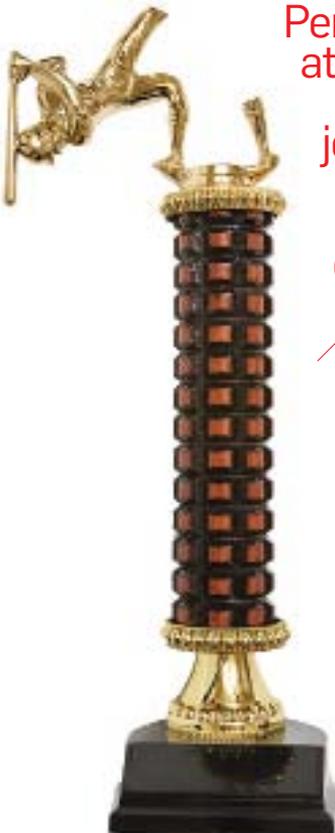


Men behaving badly

STAY OUT OF TROUBLE BY AVOIDING THESE FIVE KEY PERSONAL FOULS



Percentage of athletes who think most jocks would rather win than play completely fairly

Percentage who've ignored their own fouls during pickup basketball games: **47**

Curb your enthusiasm

Chronic hacking on the court may arise from a win-at-all-costs tunnel vision, says Gregg Steinberg, Ph.D., a sports psychologist at Austin Peay State University. If that's you, make everyone happier by concentrating on a specific part of your game—like moving your feet on defense, or making sharp passes. This focus will help you stay under control and foul less, Steinberg says.

14 → 61

Percentage of men who've taken a phone call on a first date

Percentage of those men who didn't score a second date

Play up the intrigue If a business call is truly unavoidable, warn her. "Tell her you're in the midst of this crazy deal. Contextualize it," says Ian Kerner, Ph.D., author of *DSI: Date Scene Investigation*. When you hang up, give her some insight into your conversation. "It becomes a way of telling her a little more about yourself." Bam—you've scored some points. Now mute the phone and focus on her.

Percentage of managers who say they'd fire an employee for bad office behavior: **70**

Don't pick fights

If you confront a higher-up about inappropriate actions—being rude or offensive, for instance—you might find yourself in the crosshairs instead, says workplace psychologist

Marie McIntyre, Ph.D. Instead, voice your concerns to your boss, and let the boss decide how to handle it. "If the guy is on your level, on the other hand, then just offer polite, private feedback," she says.

Percentage of men who've pilfered a coworker's snack from the office fridge



Percentage of people who've engaged in idle chatter in the bathroom

Zip it, bub What's intended to allay awkwardness actually just makes it worse. "Urinal banter may be a way of denying what's going on," says Peter Post, author of *Essential Manners for Men*. "But really, when you're doing your business, the conversation should stop." If it feels wrong to not acknowledge someone's greeting, a simple "Hey" will suffice. Save the conversation for the sink.

Percentage of jokesters who feel compelled to one-up a clever witticism

SEVENTEEN

Percentage who feign laughter when a friend's joke bombs: **54**

Help a buddy out If a joke falls flat, acknowledge the teller's effort to connect. Don't belly-laugh—the insincerity will be obvious—but make light of his flop by gently poking fun. "This saves him by making the situation funny," says Post.



POST TYPOGRAPHY (numbers), Universal Pictures/courtesy of Everett Collection (James Belushi)