



For up-to-the-minute sex news and tips, go to [news.MensHealth.com](http://news.MensHealth.com).

## Double Her Pleasure

Here's some hard science: **Playing with her nipples may excite the part of her brain linked to genital pleasure.** A recent Rutgers University study found that when women stimulated their nipples, the same brain region that lit up when they masturbated was activated. "There may be a fusion between the sensations, which can explain why both feel erotic," says study author Barry Komisaruk, Ph.D. And yes, it's also likely to happen when you stimulate her nipples, he adds.

## MASTER MATCH.COM

Talk about unfair: **Good-looking men also tend to write the most appealing online-dating profiles,** say Villanova University scientists. They had women rate men's photos and profiles separately, and as it turned out, the hottest guys had also written the most enticing profiles. Good-looking men tend to have more confidence, which is probably conveyed in their writing, says study author Rebecca Brand, Ph.D. To catch her eye online, don't simply list your interests and skills—use playful language and have fun, she suggests.

## YOUR SEX-DREAM DECODER

A new Hong Kong study analyzed men's sex dreams. How do yours compare?

### COMMON SEX DREAMS

- 83%** Vaginal intercourse with a woman
- 78%** Kissing a woman
- 36%** Foreplay with a female teacher

*If a prof pops up in your sex dreams, you may have a need for power and superiority, says study author Calvin Kai-Ching Yu, Ph.D.*

### STRANGE SEX DREAMS

- 5%** Kissing an alien/monster/ghost
- 3%** Kissing a plant/rock/animal

*Bizarre dreams may simply mean you're creative, says Yu. Only when they become disturbing and recurrent should you worry.*

### WET DREAMS' SEXY STARS

- 27%** Female stranger
- 18%** Adult-video actress or celebrity

*The more farfetched the sex partner, the more stimulating and sexy your dream tends to be. This can increase the chances of ejaculation, explains Yu.*

## MAN'S BEST FRIEND?

Afraid her toy will replace you? Don't be: **Most women say that using a vibrator doesn't make them depend on it for pleasure,** a new Indiana University study found. About three-quarters of women also say that vibrators make partnered sex more exciting and can help them climax more easily. "Don't just spring a vibrator on her, though," says study author Debby Herbenick, Ph.D. Ask which toys she's open to, and you'll seem sexy *and* thoughtful.

### Her Useful Orgasm

Is female orgasm simply a useless mimicry of male ejaculation? Maybe not. A new study in *Animal Behaviour* found no correlation between opposite-sex siblings' ease of orgasm. This indicates that **the genes influencing her ability to climax are different than yours,** says Brendan Zietsch, Ph.D. So why does she O? It may help transfer sperm to her egg—a theory the researchers plan to test in the future.

ON OUR RADAR

PERCENTAGE OF MEN WHO THINK IT'S HOT WHEN WOMEN LUST AFTER GUYS AND GIRLS  
Source: Archives of Sexual Behavior

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Photograph by P LAMEN PETKOV, prop styling: Thom Driver/Halley Resources. Oign toy by LEO, available at babeand.com